

Hospital Inpatient Cancer Wellness Programs

For cancer patients admitted to Piedmont Fayette Hospital, we offer the following cancer wellness programs. These programs are specifically designed to enhance your inpatient experience by providing additional comfort, emotional and physical support as appropriate. For more information about our inpatient cancer wellness programs contact Mary Hinely, Inpatient Cancer Wellness Liaison, at Mary.Hinely@Piedmont.org or 770.719.5860.

Adaptive Yoga

Adaptive yoga is a style of yoga that adapts to the needs of all people, regardless of ability. Mindful movements, breath work and guided meditation are adapted to the specific needs of the participant and are offered chair and bedside by our certified Yoga instructor.

Expressive Art

A creative outlet for cancer patients, participants can enjoy creative expression while receiving treatment. This offering is either chair or bedside within our Infusion Therapy and Inpatient Oncology units.



Music Therapy

Music therapy is a holistic, integrative approach to help enhance mood, decrease anxiety, blood pressure and pain. Music has the ability to support the physical, emotional, cognitive, spiritual and social well-being of a patient or caregiver. This program is offered in our Infusion Therapy and Inpatient Oncology units and led by our certified music therapy instructor.

Massage

Oncology massage is a form of non-invasive, compassionate touch that can be beneficial to your mind, body and spirit during cancer treatment. It can also help alleviate some of the symptoms and side effects related to cancer and cancer treatment. Our oncology trained massage therapists specialize delivering customized message therapy to meet specific needs of each patient.

Unlike traditional massage therapies, oncology massage is specifically modified for cancer patients. Key differences include using light touch and slow, steady movements, working with the central nervous system to help the body relax. Our oncology massage therapists are trained to deliver safe and comfortable positioning for the patient. They are experienced with lymphedema, disease-related pain and fragility and understand how to work around ports and medical devices. Massage is offered in our Infusion Therapy and Inpatient Oncology units.